What's Happening with G.R.A.D. Aggies!

April eNewsletter

UPCOMING OGAPS
DEADLINES AND EVENTS

4/3/2020
- U.S. Senator Phil Gramm Doctoral Fellowship Application Deadline
- Montgomery Award Application Deadline
- Last day to submit petitions to change degree plan coursework for students in master's programs without a final examination requirement
- Last day to submit "Request for Exemption from Final Examination" form for Master's of Education and Master's of Engineering students.

4/10/2020
- Dissertation Fellowship Application Open (round 1)
- Last day to take final examination for Master's non-thesis students

4/14/2020
- Last day to apply for spring 2020 graduation online

4/24/2020
- Last day for all students to drop courses with no penalty (Q-drop)
- Last day to officially withdraw from the University

4/28/2020
- Last day to change Course Grade Type
- Last day to apply for all degrees to be

WELLNESS CORNER

Emotional Wellness is achieved through recognizing and accepting our feelings, coping with disappointments and challenges, and learning from our experiences. By acknowledging and managing the entire range of emotions we experience, we are better able to form satisfying relationships, reduce our stress levels, and encourage positive self-esteem and self-care. Emotionally well individuals develop effective problem-solving and decision-making skills and reach out for support when needed. To explore the elements of wellness please visit the resourced page provided by student life: https://studentlife.tamu.edu/hp/wellness/

Counseling and Psychological Services

One way to exercise emotional wellness is through seeking support from Counseling and Psychological Services (CAPS). Consistent with TAMU guidance on social distancing, CAPS will only be providing individual consultations by phone at 979-845-4427. Helpline will also be available at 979-845-2700. For additional resources for coping during COVID-19, click here.

Visit caps.tamu.edu for more information.

National Grad Crisis-Line

In addition, The National Grad Crisis-Line is
awarded in May.

staffed by trained counselors who understand unique grad struggles. 877-GRAD-HLP (877-472-3457) is a supplement to the existing mental health services on campus. For additional information, visit www.GradResources.org.

Howdy, Ags!

I, along with everyone here in the Office of Graduate and Professional Studies, hope you are doing well and taking care. As we are all aware, many changes have been occurring, not just across campus but also across our nation. Circumstances have been changing daily, but we would like to reassure you that the Office of Graduate and Professional Studies and the G.R.A.D. Aggies Program strive to continue supporting you in these times of adjustment. We will continue to support you in attaining your education and professional goals while putting your safety and well-being first.

For the time being, G.R.A.D. Aggies programs will not be holding any sessions in-person. We are working to move all currently scheduled events for April online as well as planning new online sessions while we’re all following self-distancing recommendations. On Thursday
April 2nd, I’ll host a zoom informational about all the professional development resources you have access to while working remotely. Please see our list of G.R.A.D. Aggies Certificate Events below for an update, but be sure to visit our G.R.A.D. Aggies Calendar for the most up-to-date information.

For the most up-to-date information on TAMU COVID-19 policies and information please visit: https://www.tamu.edu/coronavirus/index.html

Thanks & Gig’em!

Dr. Morgan Schweller
Professional Development Coordinator

COVID-19 Updates from our G.R.A.D. Aggies Collaborators:

**Career Center** - careercenter.tamu.edu
Career Center workshops and advising appointments are still available! To see our virtual workshops and events visit our calendar of events. To schedule a virtual advising appointment, please email your advisor directly. Graduate Career Advisors can be found by going to http://careercenter.tamu.edu/directory and selecting Career Advising or Professional School Advising. If you are unsure who to contact or have general questions, please email cc_advisor@tamu.edu.

- Abdullah Kader is scheduling graduate engineering advising appointments via email (akader16@exchange.tamu.edu) and meeting students through Zoom. Registration is required for his Weds. afternoon engineering graduate virtual office hours/walk-in advising at tx.ag/ccgradvirtual.
- Marilyn Yeager is scheduling graduate advising appointments via email (myeager@tamu.edu) and meeting students through Zoom. Registration is required for Monday and Friday morning graduate virtual office hours/walk-in advising at tx.ag/myccgradwalkin.
- For assistance accessing Zoom, a zoom tutorial is available on the Career Center YouTube channel: https://www.youtube.com/watch?v=71N5q_MmfLQ.

**Center for Teaching Excellence** - cte.tamu.edu
Has a course you are teaching/TAing moved online? There are many resources that can help. Visit us at cte.tamu.edu as well as the Keep Teaching and Keep Learning resource pages.

**Counseling and Psychological Services** - caps.tamu.edu
Consistent with TAMU guidance on social distancing, CAPS will only be providing individual consultations by phone. HelpLine is also currently operational.
- **Individual consultations** are still available by phone: 979-845-4427.
- **HelpLine** is still available: 979-845-2700
- **Sanvello App** - on-demand help for stress, anxiety, and depression -
  https://caps.tamu.edu/sanvello/
- **Coping during COVID-19 resources** can be found at -
  https://caps.tamu.edu/mental-health-coping-during-covid-19/

**Money Education Center** - money.tamu.edu
Please note that, in order to limit the chances of spreading sickness, all appointments will be held via Zoom (not in-person). Register here: https://swan.tamu.edu/money

**University Libraries** - library.tamu.edu
In an effort to keep everyone up-to-date with ongoing changes to our hours, services, and resources, we have created a **University Libraries Coronavirus Updates and Resources Guide** to help you. The guide will be updated regularly, so please check back often for current information. After reviewing the guide, if you still have additional questions, please contact us at askus.library.tamu.edu.

**University Writing Center** - uwc.tamu.edu
For the safety of our students and staff, the University Writing Center is not currently holding any face-to-face appointments. However, we still offer web conference appointments via Zoom, as well as online appointments for both text and video uploads. Contact us at uwc@tamu.edu or 979-458-1455 if you need assistance.

**Upcoming Professional Development Events**

**G.R.A.D. Aggies Certificate Events**

**Please note:** To ensure consistency with TAMU's guidance on social distancing, G.R.A.D. Aggies events will be moved to an online offering while others may be cancelled. Please visit tx.ag/GRADAggiesCalendar for updated information and links for sessions.

- **Money Education Center One-on-One Advising (recurring)**
  M-F (appointment needed by Zoom ONLY) | 8:00am-5:00pm

- **Career Center One-on-One Appointments (recurring)**
  M-F (appointment needed by ZOOM only) | 8:00am-5:00pm
Career Center One-on-One Appointments for ENGINEERS (recurring)  
M-F (appointment needed by ZOOM only) | 8:00am-5:00pm

ONLINE: Grad Student Academic Interviewing Skills  
W, 4/1/2020 | 12:00pm-1:00pm

ONLINE: Professional Development Resources While Working Remotely  
Th, 4/2/2020 | 1:00pm-2:00pm

ONLINE: Managing Research Data: A Guide to Good Practice  
M, 4/6/2020 | 5:00pm-6:00pm

ONLINE: Graduate Student Industry/Corporate Interviewing Skills  
W, 4/8/2020 | 12:00pm-1:00pm

ONLINE: Staying Out of Data Danger Zones  
W, 4/8/2020 | 4:00pm-5:00pm

ONLINE: Dealing with Stress & Anxiety  
M, 4/13/2020 | 9:00am-10:00am

ONLINE: Grad Student LinkedIn and Branding  
W, 4/15/2020 | 12:00pm-1:00pm

ONLINE: Graduate Virtual Career Panel Series: Biotechnology Careers  
Th, 4/23/2020 | 5:30pm-7:00pm

Note: PDU Information can be found in event calendar descriptions.

Click the calendar icons above to register today!

Online Professional Development
Events and Resources

DoctoralNet and MastersNet (DN/MN)

Critical Analysis for Masters and Doctoral Candidates  
M, 4/6/2020 | 9:30 AM
Dialectical or Rogerian argumentation: How to do it  
Th, 4/9/2020 | 10:00 AM

Student to Student: How to keep your grad work consistent through a busy life?  
F, 4/10/2020 | 9:30 AM

Group Coaching and Peer Support  
F, 4/10/2020 | 10:45 AM

Organizing your ideas for writing  
M, 4/13/2020 | 9:30 AM

For more events and registration please visit: https://doctoralnet.com/resources

Click the calendar icons to access the TAMU DoctoralNet Portal. Don't have access? Please email grad-aggies@tamu.edu.

The Center for the Integration of Research, Teaching, and Learning (CIRTL)

All-Network Teaching-as-Research Presentations  
Th, 4/2/2020 | 4:00pm-5:30pm

Writing a Diversity Statement  
Has multiple sessions: Please visit RSVP link. This two-part workshop meets online on W, 4/8/2020 and W, 4/22/2020, 11:00am-12:30pm

Click the calendar icons above to register today! Use your tamu email address to set up your account!

National Center for Faculty Development & Diversity (NCFDD)

SKILL #4: Mastering Academic Time Management  
Thu, 4/9/2020 | 1:00pm - 2:30pm

Wellness and Technology  
Tue, 4/28/2020 | 1:00pm - 2:00pm

Click the calendar icons above to register today!

For additional information and registration, please login to your NCFDD account at
LinkedIn Learning (formerly Lynda.com) Video Training

With your Texas A&M NetID you get access to:
- More than 120,000 video tutorials
- New courses added every week
- Instruction from world-class experts

*April’s Featured Presentation:*

**Thriving @ Work: Leveraging the Connection Between Well-Being and Productivity**

Joey Hubbard, Director of Trainings at Thrive Global and Arianna Huffington LinkedIn Influencer and Founder of Huffington Post and Thrive Global

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**Professional Development (PD) Portal**

**MaroonBase**

**Versatile PhD Career Tool**

**Sanvello**

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**Click for G.R.A.D. Aggies Calendar**  **Click for RAP Travel Award (see note)**

**Please Note:** As of March 19, all University-sponsored travel is suspended until further notice. Therefore, the Office of Graduate and Professional Studies will NOT be accepting travel award applications until restrictions are completely lifted or direct questions to ogaps-travel-award@tamu.edu.

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**This Month’s Feature:**

**Live Zoom Information Session:**
Professional Development Resources While Working Remotely

Looking for professional development opportunities while working remotely from campus. Join Dr. Morgan Schweller, Professional Development Coordinator in the Office of Graduate and Professional Studies, for an overview of upcoming online G.R.A.D. Aggies Sessions as well as online PD resources available to graduate and professional students free of charge. Register for the session here: https://tamu.zoom.us/meeting/register/u5Qsce6rrT0sYhfRoQtmS-iEtW6D0S5Jw.

Attending this event and completing its online reflection earns 1 PDU towards a G.R.A.D. Aggies Professional Development Certificate. For more information visit grad-aggies.tamu.edu, or to join, visit tx.ag/joinGRADAggies.

Contact Info: grad-aggies.tamu.edu

What is G.R.A.D. Aggies?

The goal of G.R.A.D. Aggies is to help students engage in activities and resources to better prepare them for professional life after graduate school.

G.R.A.D. Aggies is a collaborative effort of:

Office of Graduate and Professional Studies
Career Center
Center for Teaching Excellence
University Writing Center
University Libraries
Counseling and Psychological Services
Money Education Center
International Student Services